



## Care for physical, mental and financial health at work

Overall wellbeing is essential for a healthy, energised and productive workforce. The competition for talent and skill will only intensify due to changing demographics and an ageing workforce. Younger generation particularly is looking for benefits that promote health and wellbeing. There is increasing evidence to show the interdependency between wellbeing and performance of individuals, which reflects on reduction of employee absence and employers' health costs.

In this webinar to be co-hosted by the HKRSA and Mercer, we have invited experts and industry practitioners to discuss the connection between financial, physical, and mental health in achieving wellbeing, and how to develop integrated financial, health and wellbeing strategy at workplace to become a durable competitive advantage in the war for talent.

### Speakers



Ms. Hayli LEUNG



Mr. Tony TSUI



Mr. Freddie CHENG



Ms. Joice CHOY

### Event Details

- Date & Time: Thursday, 20 July 2023 | 3:00 – 4:00 pm
- Language & Fee: English | Free
- Register: [Register here](#) or by scanning QR code  
 Webcast details will be emailed to participants approximately 24 hours prior to the event via email



#### Notes:

- This webinar is eligible for 1 hour of non-core CPD/CPT training hours, subject to approval by relevant accreditation bodies. Attendees must log in the Zoom link with the same name and email address registered with the HKRSA.
- Virtual platform will be provided by Mercer HK. By registering for this event, you are providing your consent to the HKRSA to pass your personal particulars (including name, title, organisation, and email address) to Mercer HK to gain access to virtual facility for you.
- For any enquiries, please contact us at [events@hkrsa.org.hk](mailto:events@hkrsa.org.hk) or (852) 21470090.

### 2023 Premier Sponsors



## Event Programme

- 15:00 – 15:10**    **Opening Presentation**  
**Ms. Hayly LEUNG**  
Member of Executive Committee &  
Member Communication Sub-committee, HKRSA
- 15:10 – 15:25**    **Part I – Holistic Wellness – Focus on Physical and Mental Wellbeing**  
**Mr. Tony TSUI**  
Head of Consulting Hong Kong  
Mercer (Hong Kong) Limited
- 15:25 - 15:35**    **Part II – Financial Wellbeing Trend in Asia**  
**Mr. Freddie CHENG**  
Principal, Head of MPF Business, Hong Kong, Wealth  
Mercer (Hong Kong) Limited
- 15:35 – 15:55**    **Panel Discussion and Q&A Session**  
**Moderator**  
**Ms. Hayly LEUNG**  
  
**Panelists**  
**Mr. Tony TSUI**  
**Mr. Freddie CHENG**  
**Ms. Joice CHOY**  
Senior Vice President, Corporate Division  
Marsh (Hong Kong) Limited
- 15:55 – 16:00**    **Closing Remarks**  
**Ms. Hayly LEUNG**

## Moderator



**Ms. Hayly LEUNG**

Member of Executive Committee &  
Member Communication Sub-committee, HKRSA

**Hayly LEUNG** is the General Manager, Group Human Resource Services of Jardine Matheson as well as the HR Director of Jardine Pacific.

Hayly oversees rewards, wellbeing for the Group and provides guidance and support across the Jardine group companies. She plays a key role in developing HR policies and in formulating HR strategies for mergers and divestments. She also drives the transformation of the people agenda in Jardine Pacific.

Prior to joining Jardine Matheson, Hayly was the Group HR Director of Jardine Schindler Group. Before that, Hayly held various VP positions in HR of BT Group plc, one of the world's leading telecommunications companies, with management responsibilities across Asia Pacific and Europe.

## Part I Speaker & Panelist



### **Mr. Tony TSUI**

Head of Consulting Hong Kong  
Mercer (Hong Kong) Limited

**Tony TSUI** has over 15 years' experience in the health industry in Australia & Hong Kong. Prior to Mercer Tony worked at Bupa for 13 years and is currently the Head of the Mercer Hong Kong Health & Benefits Consulting Team, specializing in driving data & analytics to identify and tailor diagnostic driven medical, employee benefits and wellness solutions to clients in Hong Kong.

"It is our job to provide the right tools, educate and empower our clients to make positive changes to improve their overall health & wellbeing by making positive shifts in their behaviours and lifestyle."

Tony spends his spare time working on his own health and wellbeing. He loves to explore the hiking trails and beaches of Hong Kong with his dog Chester.

## Part II Speaker & Panelist



### **Mr. Freddie CHENG**

Principal, Head of MPF Business, Hong Kong, Wealth  
Mercer (Hong Kong) Limited

**Freddie CHENG** leads MPF business and the development of Financial Wellness campaign in Mercer's Wealth business.

Freddie has 15+ years of experience on retirement benefits advisory. His core areas of expertise are benefits design, ORSO/MPF providers review, change management consulting and employee communication. He drives and promotes Financial Education for employees for various employers in Hong Kong and Asia.

Prior to joining Mercer, Freddie worked at an employee benefit broking firm for over eight years, focusing on the development of its pension business. He was involved in different aspects, from establishing the pension model to conducting HR seminars, developing member communications and providing in-house training on the pension environment, including MPF Market changes. Freddie also has experiences on Group employee benefits and Life insurance.

Freddie graduated with a bachelor's degree in social science from La Trobe University in Melbourne, Australia. He has been named a Fellow of the Life Management Institute in the insurance industry.



**Ms. Joice CHOY**

Senior Vice President, Corporate Division  
Marsh (Hong Kong) Limited

**Joice CHOY** has over 25 years' insurance industry experience and all of which has been spent as an insurance broker / consultant. Her current role is managing and servicing a Joint Insurance Program for more than 150 prominent Non-Governmental Organizations (NGOs) in Hong Kong by providing different kinds of relevant insurance solutions to meet the highly diversified and changing needs of the NGOs.

The outbreak of COVID pandemic has caused great impact to the welfare sector. Joice has been working closely and attentively with the NGOs by providing pro-active risk management advice, offering coverage enhancement and dealing with complex liability claims encountered by the NGOs at the challenging time.

Joice's efforts and experiences are fully recognized by the social welfare sector and she is being invited as the speakers for Hong Kong Council of Social Services Institute and HKCSS – HSBC Social Enterprise Business Centre to hold a series of trending seminars to the welfare sector to arouse the awareness of the workplace safety.